

DIRECTION: Shaker: Make 1/2 serving each time, adding 2 scoops of Big Mass to 8oz of water.

BLENDER: Combine 12-16oz of milk or water, ice cubes and 4 scoop of Anabolic Mass Gainer contains the perfect scientific ratio of 30% protein (30g) to carbohydrates (50g). Most gainer are loaded with sugar, but Big Mass includes only 6 grams of sugar per serving. Each serving also includes MCT oil which is used as a direct energy source.

Triple Filtered Whey Protein
Only 6g of Sugar per serving.
Cold Processed whey protein
Over 518 Calories Per Serving.
Great Taste.

Mkt By:-
Balam sports

MUSCLE BUILDER HARMONS GROWTH

ULTRA PREMIUM SERIES 100% HARMONS GROWTH

BS
BALAM SPORTS

30G
PROTEIN

3G
CREATINE

1150
CALORIES



DIETARY SUPPLEMENT - 1KG



Supplement Facts

Serving Size: 1 Scoop (31g)
Serving Per Container: about 30

| | Amount Per Serving 100g |
|--------------------|-------------------------|
| Calories | 518 |
| Calories from Fat | 50 |
| Total Fat | 5.5g |
| Saturated Fat | 1.5g |
| Trans Fat | 0g |
| Cholesterol | 60mg |
| Total Carbohydrate | 50g |
| Dietary Fiber | 2g |
| Sugar | 6g |
| Protein | 30g |
| Vitamin C | 2mg |
| Creatine | 3g |
| Iron | 2mg |
| Sodium | 150mg |

+ Daily Values are based on a 2,000 calorie diet.
** Daily Values not established

MFG. BY:

BSN NUTRITION

125033, Near Laxmi Pipe Factory, Haryana

